

General

- The Tamil Nadu Association Conducting State Aquathlon Meet 2017 December 16 & 17 (Saturday & Sunday) is sanctioned by the Indian Triathlon Federation (ITF)and is organised in accordance with the rules of ITU, and ASTC
- The organisers reserve the right to amend the rules and regulations without prior notification.
- The organisers reserve the right to amend the race course with prior notice to participants.
- Completion of the race entry form is evidence of the participants' agreement to abide by the relevant rules and regulations. These rules apply at the material time and to all and any ruling of the organiser, Tamil Nadu Triathlon Association and ITF.
- Whilst every reasonable precaution will be taken by the organisers to ensure the participants' safety, participants partake in this event at their own risk and the organisers shall not be liable for any bodily injuries, loss and/or damage to property, whether personal or otherwise, and howsoever arising.
- Any disputes arising from the participation in the Tamil Nadu Triathlon Association shall be referred to arbitration and to be conducted in Tamil Nadu under the law of the Indian High Courts.
- At any point of time, in the event of inclement weather, force Major or other hazardous conditions, the Organisers reserve the right to reschedule or cancel the race.
- On race day, in the event of inclement weather, force major or other hazardous conditions, the Organisers reserve the right to delay the commencement of the race, shorten the race or modify the course.
- Should the inclement weather or other hazardous conditions persist after the delay, the Organisers reserve the right to cancel the race.
- The organisers reserve the right to use any photographs, motion picture, recordings, or any other record of this race and its participants for any commercial advertising including legitimate purpose.
- The organisers reserve the right to limit and/or refuse entries without assigning any reason thereof.
- Individual race entries are non-transferable. Any person doing so will be held responsible in case of an accident arising from or provoked by the other person during the race. The organisers reserve the right to exclude both parties from future events.
- The organisers will not be responsible for any disputes arising from incomplete or wrong entry details given by the participants.
- On-the-spot entries will not be entertained.

- Entry forms that are incomplete will not be entertained.
- All participants should pick up their **Race Kits** that include a race bib and a swim cap, at the Aquathlon race kit collection. Please check the Association for the race kit collection dates and venue. Participants who do not collect their Race Kit at the Aquathlon race kit collection will not be allowed to race on race day (**There will be no On-Site Registration or Race Kit Collection on race day**). The details on the reverse side of your Race Bib must be filled in to enable us to contact your next-of-kin in case of emergency.
- A participant who wishes to protest against another competitor or notify a violation must do so in writing to the organisers within 30 minutes of his or her finish time. All protests must be made in accordance with the existing ITU Rules.
- The Transition Area will be opened at least an hour before the commencement of the race and participants shall place their essential race items at the designated location marked by their race numbers in the Transition Area. The essential race items are to be arranged according to the allocated race numbers. All participants shall be ready and assembled at the Swim Start Holding Area 15 minutes prior to the Swim.
- A grace period of 15 minutes after the commencement of the race will be given for latecomers. Anyone who reports later than this grace period will not be allowed to participate in the race. Latecomers should be aware that their timings would have commenced when the race begins.

Proposed Age Group and Distances:

Under 12 (Born on or After 01.01.2012)

1KM Run +200M Swim +1KM Run

Under 15 : (born on or After 01.01.2003)

1.5Km Run + 400M swim + 1.5Km Run

Under 17 : (Born on or After 01.01.2001 and on or Before 31.12.2003)

2Km Run + 600M Swim + 2Km Run

Under 19: (Born on or After 01.01.1999 and on or before 31.12.2001)

2.5km Run + 750M + 2.5Km Run

Swimming

- Swimsuits must be worn
- Swim goggles may be worn
- Fins, paddles, pool buoys, snorkels or any other swimming aids are not allowed
- Wet suits are not allowed
- Support crews are not allowed
- No persons other than the participants and officials are permitted in the swimming area
- Swimmers in difficulty shall signal to the officials on deck for assistance. warming-up for the swim must be conducted within the designated area

Running

- Runners must wear their race numbers at the front of their adorned apparel at all times during the run
- Support vehicles or pacers are not allowed
- Runners must run on the designated path for the entire route. Failure to do so may result in disqualification
- No Running with bare torso
- Wearing headphones is not allowed at all times
- Do note that the track is still open to other users. Participants are to keep left at all times unless overtaking.
- Please be mindful of young children, elderly or any other person who will be sharing the track during the race.
- Your safety and the safety of the public is our utmost concern. Let's be gracious as we share this space with others.

Inclement Weather

- In the event of inclement weather, the organisers reserve the right to delay the commencement of the race
- Should the inclement weather persist after delay, the organisers reserve the right to cancel the race.

Medical Advisory

- The sport of Aquathlon is physically demanding. If you are not sure of your physical health, please seek the advice of a medical professional before you register for the race
- Participants are advised against the consumption of alcohol or stimulants or any kind of drugs within 24 hours of their race
- Participants are to ensure that they are well-rested and well-hydrated on day of race
- Participants are advised to dress lightly
- Should any participant feel unwell in the course of race, he or she should stop and seek immediate medical attention at designated medical posts