

INDIAN TRIATHLON FEDERATION

(Affiliated to Indian Olympic Association, Asian Triathlon confederation
and International Triathlon Union)

PRESIDENT

Mrs. Surekha Ramachandran

Tel : +91 44 24340254 / 24340252

Fax : +91 44 24340253

E-mail : indiantriathlonfederation@gmail.com



Khivraj Complex II, 2nd Floor
No. 480, Anna Salai, Nandanam
Chennai - 600 035.
Tamilnadu, India.

Ref. No.: Event 001/2020

Date: 08th January 2020

EVENT DETAILS

SENIOR NATIONAL TRIATHLON CHAMPIONSHIP – (MEN & WOMEN) 2020 CHENNAI, 23RD FEBRUARY 2020

We are pleased to inform you that the Indian Triathlon Federation propose to conduct the **Senior National Triathlon Championship 2020** which will be held on **23rd February 2020** at **Chennai**. The details are as follows.

DISTANCE:

The distance to be covered by each triathlete is as under:

SENIOR INDIVIDUAL EVENT MEN & WOMEN	SWIM (Sea Swimming)	CYCLE	RUN
	1500 Mtrs	40 Kms	10 Kms

- *Timing will be maintained by the chip system*

ENTRIES:

PER STATE	3 Men (Senior)	3 Women(Senior)	1 Manager or 1 Coach
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ELIGIBILITY:

The competitor should be a resident of India and having domiciled in the relevant State for at least two years. (Born on or before 31.12.2001)

Entries from employees of SSCB should come through SSCB only and not through any State Associations.

The entries should be submitted along with two passport size photographs, Medical Fitness Certificate from a Registered Doctor, Waiver and Indemnity Form and Doping Declaration Form on or before 03rd February 2020

General Secretary

Aman Gupta

2752, Kinari Bazar
New Delhi - 110 006. India

Phone : (O) +91 11 23329662

(R) +91 11 23260490

Treasurer

P. Muralidharan

No. 8, Bharatiyar Street,
Mahalakshmi Nagar,
Madipakkam, Chennai - 600 091
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SCHEDULE OF EVENTS:

Saturday, 22 nd February 2020	@ 9 AM : Reporting Time for all the triathletes at the venue / Registration, course Familiarization @ 4 PM : Briefing / Manager's Meeting
Sunday, 23 rd February 2020 @ 4:30 AM onwards	Senior (Men & Women) - Individual Event
Sunday, 23 rd February 2020 @ 11 AM	Award Ceremonies
Sunday, 23 rd February 2020 @ 2.30 pm	Team Departure

ENTRY FEES FOR TRIATHLETES, MANAGERS or COACHES:

Entry fee of **INR 300/-** per head.

Hotel accommodation has been provided at Royal Regency Hotel, 26 & 27 Poonamalee High Road, Adikesavapuram, Periyamet, Chennai, Tamilnadu, 600 003 (Nearer to Dr. MGR Central Railway Station, Chennai) for triathletes / managers / coaches who have paid the entry fee, from 21st February 2020, 12 Noon onward to 23rd February 2020, at 2.pm. Kindly note that Breakfast, Lunch and Dinner will be provided at the Hotel itself. Triathletes / Manager / Coaches, if they so desire can stay at any other venue also at their cost.

PAYMENT:

All payments should be sent through your State Associations only along with the entries on or before 03rd February 2020.

***Entries will not be accepted after the due date under any circumstances.**

***Entries will be rejected if proper documents are not submitted at the time of registration.**

TRAVEL ARRANGEMENTS:

- 1) No TA / DA will be paid to the triathletes, team managers & coaches. However, Railway concession forms will be sent to you.
- 2) Teams should reach the venue on their own from Dr. MGR Central Railway Station(Chennai).

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For any enquiry, please contact the following person in Chennai:-

Harish Prasad, Mob: 9944555592

NOTE:

1. Any team arriving before 21st February 2020 afternoon or departing after 23rd February 2020 will have to bear their own expenses for accommodation, food and transport.
2. Teams are advised to book their Train tickets up to Dr. MGR Central Railway Station(Chennai) for easy access to the venue.
3. The medal distribution function will commence on 23rd February 2020 at 11.00 am. so book your return tickets accordingly.
4. Geared Cycles can be used for competition. **Tri-bikes/ Time Trial Bikes are not allowed. Road bike with clip-ons, including the bridge must not exceed the foremost line of the brake levers.** Triathletes will have to bring their own cycles. Organizers will not provide / arrange cycles and will not be responsible for any breakdown while cycling. Triathletes will be disqualified during cycling / running, if they participate with their bare body.
5. **Helmet is compulsory during cycling. Athlete will not be allowed to race without a proper Helmet.**
6. The organizers reserve the right to alter the date and venue of Championship.
7. The organizers also reserve the right to reject any entry without assigning any reason.
8. Every endeavour will be made to ensure safety. The competitors are informed that no guarantee is given in this regard.
9. Teams should reach the venue on their own.
10. **THE STATE ASSOCIATIONS HAVE TO ENSURE TO SEND THE ENTRIES OF THE TRIATHLETES WITH THE CORRECT NAME & SPELLING AS THE SAME WILL BE USED IN THE MERIT/PARTICIPATION CERTIFICATES AND NAMES CANNOT BE CHANGED LATER ON.**

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Please ensure that your entries along with all enclosures are sent to us on or before **03rd February 2020**. The Federation will not accept any late entries.

All correspondence in respect of the Championship should be addressed to the Indian Triathlon Federation, Khivraj Complex II, 2nd Floor, 480 Anna Salai, Nandanam, Chennai - 600 035 or by email indiantriathlonfederation@gmail.com.

For *Indian Triathlon Federation*,

Surekha Ramachandran
President



Copy to: Mr. Aman Gupta – General Secretary, Indian Triathlon Federation
Mr. Rakesh Gupta – Vice President - ASTC

General Secretary

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